



## Packing List for Overnight Hike to an AMC Hut

Wear proper footwear, carry warm clothing, foul-weather gear, food, water, and other essentials. Be prepared for severe weather regardless of season, dress in layers (including synthetic or wool base and insulating layers, and a windproof/waterproof outer shell), eat high energy foods, and stay hydrated.

### Clothing and Linens Checklist:

- Sleeping Bag - AMC is NOT providing blankets or pillows due to new COVID-related rules
- Sturdy hiking shoes / boots (or low hikers; sneakers are discouraged)
- Comfortable shoes for evening/morning such as crocs/slippers
- Synthetic (i.e. polypropylene), silk or wool base layer (cotton clothing is discouraged)
- Long pants (synthetic or wool)
- Fleece jacket or wool sweater
- Wind and rain gear (waterproof/breathable fabrics recommended)
- Extra pair of wool socks (a welcome treat for the feet at mid-hike, or if you inadvertently step in a stream. They also double as mittens)
- Hat and Gloves
- Pajamas
- Cash for Croo tips and Parking lots

### Food and Gear Checklist:

- High-energy snacks and/or lunch for hiking up on Saturday
- High-energy snacks and/or lunch for hiking down on Sunday (chocolate and nuts recommended, granola bars, candy to deflect whining)
- Headlamp or flashlight for the bunkrooms at night (lighting is limited to common areas only).
- Band-aids and/or first-aid kit
- Trail map (can be printed from web) or guidebook
- Water bottles (or CamelPak) & 2-4 quarts water per person (huts have potable water to refill your water bottles)
- Toothbrush/paste and other necessary cosmetics (no showers at hut)
- Plastic trash bags serve many functions: Use them as pack liners to keep your gear dry if it rains, for carrying out trash, as a makeshift rain poncho
- Optional items – Wine and/or beer if desired (consider decanting wine into a plastic bottle to avoid extra weight).
- Camera
- Book for evening reading
- Deck of cards
- Matches (in ziplock bag) or lighter
- Whistle, knife, compass